INSTRUCTIONS FOR AUTHORS

- 1. Authors should submit original manuscripts only. Whether a full length research article (5,000-6,000 words), a research note (2,000-3,000 words), or a book review (1,000-2,000 words), submitted manuscripts must not have been published nor being considered for publication elsewhere.
- 2. Submitted articles must bear the following information. The first page should contain the title of the manuscript, the names of the authors and their institutional affiliations and complete contact addresses. The subsequent pages should discuss the contents of the articles. For research articles, the contents should have the following parts:
 - a) Abstract
 - b) Keywords (maximum of 5)
 - c) Introduction
 - d) Methods
 - e) Discussion
 - f) Conclusion
 - g) References

Tables and figures should be embedded within the text, but these must be kept to a maximum of five. References should be prepared according to the standards set by the Publication Manual of the American Psychological Association, 5th edition. Manuscripts must be double-spaced.

3. Manuscripts must be submitted via email only to ppaphils@yahoo.com. All submissions will be acknowledged. The review process takes up to three months. Once a manuscript is received, the editor reviews it for relevance, substance, rigor and organization. If deemed suitable, it is forwarded for peer review. Review results are immediately communicated to the authors.

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